

Of Motor Boats and Sailboats
Becoming a disciplined person
Matt 11:25-30

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Take home points:

1. It takes training to be transformed.
2. Spiritual disciplines are how we train.
3. Spiritual disciplines are Spirit led.

Transformation: An _____ process in Christians that takes place in this _____ and in this _____.

Transformation requires us to be a _____ of Jesus Christ.

What Spiritual Disciplines are not:

Barometer of _____

_____ unpleasant

Way to earn _____ with God

What Spiritual Disciplines are:

Respectful of the _____ of the Spirit

Respects our unique _____ and _____

Takes into account our _____ of _____

Takes into account our _____ and _____

A _____ to _____ Christ

Bottom line: When it comes to Spiritual Disciplines, it is better to be a _____ rather than a _____.